EFFECT OF SPECIFIC SKILL TRAINING AND SMALL SIDED GAMES ON SELECTED MOTOR FITNESS PSYCHOLOGICAL AND SKILL PERFORMANCE VARIABLES AMONG FOOTBALL PLAYERS

Dissertation Submitted to the Tamil Nadu Physical Education and Sports University,

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IN PHYSICAL EDUCATION

Submitted By

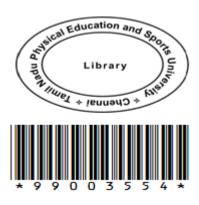
U.MAHABOOB BASHA

(Reg. No: F1701PEPM118)

Under the Guidance of

Dr.S.MANIKANDAN





DEPARTMENT OF PHYSICAL EDUCATION
TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
CHENNAI – 600 127

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